

## About PSTC

Population Services and Training Center (PSTC) is a non-government and not-for-profit organization.

it works for improvement of condition and status of socially marginalized and disadvantaged people by undertaking various initiatives. PSTC began its operations in 1978.



## Background

PSTC is the inheriting organization of Family Planning Services and Training Center (FPSTC) which was created in 1978 following a government order to act as a coordinating body for the government, development partners and local NGOs working in the field of Family Planning and Maternal & Child Health (MCH).

Till 1995, PSTC promoted and developed 82 NGOs throughout the country and provided technical assistance in the area of project management, staff development, community development and sustainability of local NGOs.

in 1995 PSTC started its journey as a National NGO in Bangladesh.

## Vision

Improved quality of life of disadvantaged people of Bangladesh.

## Mission

PSTC's aim is to improve the health, social security and physical living condition for people of Bangladesh, especially for those who are poor and socially disadvantaged in sustainable way.

## Values

PSTC values are guided by the principle of commitment to its Mission, Vision, target people and the community as a whole. It adheres to the systems, inculcates the culture of integrity, modesty and team spirit.

## Operational Area

Total 108 offices with 65 clinics in 32 districts under 07 divisions (Dhaka, Chittagong, Sylhet, Rajshahi, Barisal, Khulna and Rangpur)

## Human Resources

Total number of staff in PSTC's is 1,387; 939 numbers of women and 448 are men.

## Policy and Guidelines

PSTC is being operated with several policies and guidelines, among those few are mentioned below:

- Financial Policy
- Child Protection Policy
- Information Disclosure Policy
- HIV/AIDS at Workplace Policy

- Gender Policy
- Conflict of Interest Policy
- Ethics and Integrity Policy

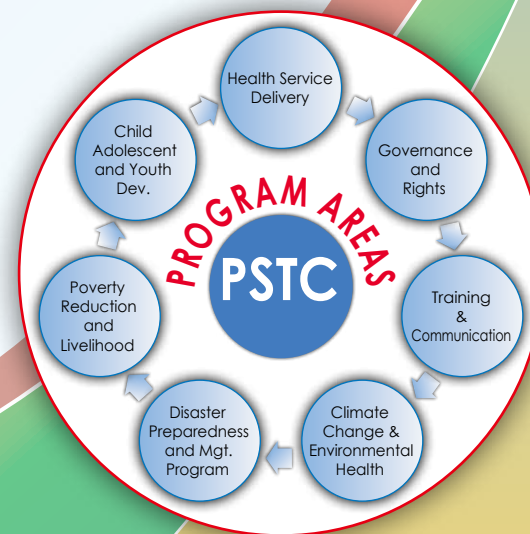
## Own Facilities

- Three storied building at Aftab Nagar, Rampura, Dhaka accommodating a comprehensive clinic.
- PSTC has its own campus at Masterbari, Gazipur with a Clinic and a training complex.
- PSTC got possession of 17 Clinic buildings under Dhaka City Corporation (DCC) and Rajshahi City Corporation (RCC)



## Area of Expertise

- Clinic & community based health service delivery in urban and rural areas with special focus on mother, children, adolescent and youth
- Children and adolescent development activities including child labor, street children and working women.
- Right based projects (health rights, occupational health rights, children and women rights)
- Water supply, sanitation and Hygiene education program
- Establishing and strengthening GOB-NGO-private sector collaboration and coordination through advocacy program at different level
- Providing technical assistance for Grant Management and capacity building of local NGOs
- Conducting life skills training, skill development training including development of training modules



# Population Services and Training Center



Unite for Body Rights (UBR) Program  
Population Services and Training Center (PSTC)  
House # 93/3, Level # 4-6, Road # 8, Block-C, Niketon,  
Gulshan-1, Dhaka-1212.

Supported by:



Population Services and Training Center

## Unite for body rights (UBR) Project

Unite for body rights (UBR) Project is launched under the Child Adolescent and Youth Development Program of PSTC, UBR started



its journey in September 2010 with the coalition of Bangladesh Alliance (FPAB, PSTC, DSK, RHSTEP & CHC) which was supported by Dutch SRHR Alliance and The Embassy of The Kingdom of Netherlands (EKN).

### Objectives

- Increased utilization of comprehensive SRHR services targeted at youth and poor people
- Increased delivery of comprehensive sexuality education (CSE)
- Create an enabling environment and demand for sustainability of SRHR services and education



### Target group

- Young People from 10 to 24 years of age (both Married & unmarried)
- Students of schools, colleges and Madrasah
- Out of school adolescents



## Our working areas

- Gazipur- Sadar Upazilla and
- Chittagong City Corporation  
Ward no 2,3,4,6,7,8,9,13,14,18 (total 10 wards)



## Major Activities

- Various initiatives to empower young people
- Deliver SRHR/ CSE education to the young people in educational institutes and communities.
- Provide youth friendly SRH services through static and satellite clinic and health camps in schools.
- Enhancing capacity of young people, teachers, GO-NGO service providers, community leaders



- Development of IEC materials targeting different groups
- Observe national and international Day
- Advocacy at national and local level



## Our SRHR Education Materials

SL	Materials	For Whom
Booklets		
01.	Bere Uthi Asther Sathe (Grow up with confidence)	Young girls and boys
02.	Boro Hochhi Jante Chai (I'm growing, want to know)	Young girls and boys
03.	Menstrual Hygiene Management	Young girls
Books		
01.	Life Skill Education	Girls, boys and teachers
02.	Sexuality Communication	Counselors
03.	Peer Hand Book	Peer educators
Brochures		
01.	My Body My Mind	Young girls and boys
02.	STI/RTI	
03.	Safe Motherhood	
04.	Condom Demonstration	
05.	MRM	
06.	Good Parenting	Parents
07.	Early Marriage	Parents
08.	Nutrition	Parents
Game		
01.	Love is all around (carousel game)	Young people

## SRHR Rights are Human Rights

- life and well being
- liberty and security of a person
- equality and to be free from all forms of discrimination
- privacy
- freedom of thought
- access to information and education
- choose whether or not to marry and to found and plan a family
- decide whether or when to have children
- have health care and health protection
- get benefit of scientific progress
- freedom of assembly and political participation
- be free from torture and ill treatment

